

# The Breeze

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Vol. 86, No. 45  
Thursday, March 25, 2010



## HEALTH CARE REFORM

# Changes to Affect Graduates

By **RYAN PLATT**  
and **KATIE THISDELL**  
*The Breeze*

Junior Matt Clark won't immediately lose his insurance when he graduates next year, like most recent college graduates have.

Under the Health Care Reform Act, passed Sunday, he'll have more options beginning in six months. One of the main pieces of the legislation affecting him and others his age is the ability to stay on a parents' insurance plan until the age of 26.

"Being able to stay on my parents health insurance is going to be really, really good," said Clark, a health administration major. He said he had been a little worried about being uninsured, but would have found a way to get temporary insurance.

"I don't think many kids understand that it was a huge issue," Clark said. "If [they] don't have insurance and they get hurt a few days after they graduate, that could be a lotta, lotta money."

With the historic passage of the

health care reform by the House on Sunday and the signing into law by President Obama on Sunday, college-aged students have more options for health insurance.

"It's a parallel to if you drive a vehicle, you need to be insured," said David Cockley, a professor in JMU's health sciences department. "Students are now going to have to be thinking about insurance, and they're going to have to find it, be it from their parents or from an employer."

Under the current law, some young adults do not purchase health insurance, thinking they do not need it if they are young and healthy.

If young adults also don't have dependents, the reform says they can qualify for Medicaid starting in 2014. And for those still looking for a job or whose employer does not offer insurance, there will be the option to buy plans through a health insurance exchange.

In six months, any children with pre-existing health conditions will also be able to get health care since insurance

## SIX EFFECTS OF THE BILL

### Beyond college

■ Young adults will be able to stay on their parents' health insurance plans until the age of 26. Currently, many plans drop these dependents upon graduation.

### Options

■ Anyone who is unemployed or without an employer that offers insurance can purchase plans through a health insurance exchange.

### Transparency

■ In the health insurance exchange, citizens can compare all parts of different insurance plans to choose what's the best for them.

### Medicaid eligibility

■ If young adults don't have dependents and are at a certain income level, they can qualify for Medicaid.

### Coverage

■ Beginning in six months, children with pre-existing conditions cannot be denied on health insurance plans. This affects adults in 2014.

### Mandatory coverage

■ Starting in 2014, fines will be implemented for anyone who has not purchased health insurance.

companies cannot deny them. This will go into effect for adults in 2014.

Cockley explained the importance of keeping children under an insurance plan is preventing rescission, the legal term insurance companies use

for dropping people who have become too ill.

"For children, there are now a lot more restrictions on insurance com-

see **HEALTH CARE**, page 5

## PERFORMING ARTS CENTER

# JMU Completing New Spaces for the Arts

Center's Doors Initially Open  
May 18, Grand Opening  
Set for Early 2011

By **JOHN SUTTER**  
*The Breeze*

In May the sounds of hammers, chisels and saws will be replaced with music, theatre and dance as the new Forbes Performing Arts Center opens its doors.

The \$82 million facility is scheduled for completion May 18. Construction completion was delayed two to three weeks beyond the original mid-April completion date because of snow.

"We are for the first time bringing everyone in theatre and dance into the same facility."

**Marilou Johnson**  
associate dean for the College of Visual and Performing Arts

Theatre II, Duke, the Music Building, Harrison and Wilson.

The 174,524-square-foot building contains three theaters for visual and performing arts and two concert halls for the School of Music. The Forbes Center replaces outdated performance spaces in Theatre II, Godwin and Wilson.

The Forbes Center will house the College of Visual and Performing Arts and contain practice facilities and concert halls.

"We are for the first time bringing everyone in theatre and dance into the same facility," said Marilou Johnson, associate dean for the College of Visual and Performing Arts.

Currently the college is housed in six different buildings across campus including Godwin,



ASHLEY GRISHAM / THE BREEZE

"This is primarily an academic facility, but it will double and serve as a community asset as well," said George Sparks, dean of the College of Visual and Performing Arts.

For the School of Music, the Forbes Center offers 33 additional practice rooms, an orchestra ensemble practice room, one 600-seat recital hall and one 200-seat concert hall.

"Right now, there are way too few practice rooms in relation to the amount of students," sophomore music industry major Olivia Lawson said.

According to Johnson, the Forbes Center's

location creates an ideal atmosphere for not only an academic environment, but also a facility to showcase student talents. With the Warsaw Parking Deck, the South Main viaduct and the drop-off driveway, the facility is easier for students and community members to access events.

"The ability to enjoy things that go on in the facility will be improved tremendously because of this location," Johnson said.

A collaborative effort of faculty and architects contributed to the building's design in order to best meet the needs of the college and to create versatile

### MAIN PERFORMANCE SPACES

Proscenium Theater **450 seats**  
Studio Theater **150 seats**  
Dance Theater **200 seats**

### MUSIC PERFORMANCE

Concert Hall **600 seats**  
Recital Hall **200 seats**

**33 new music practice rooms**  
**174,524 square feet**

classrooms, concert halls and theaters.

"The goal of the faculty was to make this [facility] 100-percent flexible," Johnson said in relation to the dance performance studio.

The vastly expanded scene shop, with a wood

see **CENTER**, page 6

## MESSAGE FROM THE EDITORIAL BOARD

# Opinionated?

THE EDITORIAL BOARD of a publication can become institutionalized and opinions often grow stale. In order to gain a fresh outlook and better gauge thoughts and concerns of those on campus, we would like to extend an invitation to all students, faculty and staff to apply for a new guest position on the editorial board. The position would require meetings with the board twice weekly for one month to discuss topics and choose the board's stance on issues important to the JMU community. Each month we will select a new member.

To apply, give us your thoughts in no more than 250 words regarding what you think is currently the most important issue at JMU. Send submissions to breezeopinion@gmail.com by Thursday, April 1 for consideration.

## TAKE BACK THE NIGHT

By **CAITLIN HAWES**  
*The Breeze*

The lights dimmed and a microphone waited on the stage beside a box of tissues. Only two lights shined: the dim Christmas lights lining the stage and the square bulbs lighting the auditorium aisles. A moon was projected in the background and cut-out stars and moons lined the walls. People held their breaths, wondering if they should speak out — if they dare — if the audience would judge them or understand. They wondered if, by speaking the words which they had suppressed within their hearts for so long, their pain could be healed.

Tuesday evening, a mostly-female crowd filled Grafton-Stovall Theatre. They came to watch "Take Back the Night," sponsored by the University Health Centers's Student Wellness and Outreach Center, the Take Back the Night Coalition, and the Collins Center. Take Back the Night is an international program dedicated to ending sexual assault on college campuses. It has been presented worldwide since the 1970s. The program featured Casey Cavanagh playing the guitar, the "Into Hymn" all-female Christian a cappella group, the Word is Born Poet's Society, CARE, 1 in 4, Low Key and, finally, keynote speaker

Rachel Griffin, an international communication professor at the University of Denver. They gathered to promote awareness of sexual abuse and assault, and also to provide a forum for students to speak out and be heard.

"Talking about rape hurts me on the inside," Griffin said, "but silence hurts more." She shared her story of being raped in high school by a "cute, tough,

popular" older boy named Aaron, on whom she had a crush on. He had come over while her mother was at work and raped her on her bed while she had only hoped to kiss him. Griffin also invited the audience to share their stories in the following event: the speak-out.

Suddenly the students began to rise

see **NIGHT**, page 10



DAN GORIN / THE BREEZE

Professor Rachel Griffin of the University of Denver shares her story about being sexually assaulted in high school by a boy she had a crush on.

# SPEAK YOUR MIND ONLINE

JOIN THE DIALOGUE AND COMMENT ON  
ANY ARTICLE OR COLUMN AT **breezejmu.org**



# POLICE LOG

## Larceny

- On Friday, a JMU student reported theft of a \$100 parking sign at Shenandoah Hall.
- On Sunday, a JMU police officer discovered theft of a cast bronze sundial part.

## Property Damage

- On Sunday, a JMU police officer discovered damage, valuing \$470, to handrails, a marquee sign and a trash can lid at Theatre II.
- On Sunday, a JMU student reported damage, valuing \$200, to personal items in Cedar House.
- On March 18, a JMU student reported theft of a \$25 wristlet containing \$20 in cash, a \$120 cell phone, debit cards and keys left unattended on a Festival bus stop bench.
- On Saturday, a JMU employee reported damage, valuing \$111,

to Godwin Hall ceiling tiles.

## Drugs & Alcohol

- On March 18, police arrested a JMU student for alleged marijuana possession in Wayland Hall.
- On Sunday, police arrested two JMU students, who also received a judicial referral, for alleged public drunkenness, allegedly obtaining money or services by false pretense and alleged simple assault at Hoffman Hall.
- On Friday, police arrested two JMU students, who also received judicial referrals, for alleged public drunkenness and alleged noncompliance with request at Ashby Hall.
- On Saturday, police arrested a JMU student, who also received a judicial referral, for alleged public drunkenness and an alcohol violation at Godwin bus stop.
- On March 18, police arrested

- a JMU student for alleged public drunkenness and a student for underaged possession in Ikenberry Hall.
- On Sunday, a JMU student received a judicial referral for underaged consumption at Hillside hall.
- On Saturday and Sunday, two JMU students received judicial referrals for drunkenness at Godwin bus stop.
- On Sunday, a JMU student received a judicial referral for drunkenness at Maple House.
- On Sunday, a JMU student received a judicial referral for drunkenness at Chandler Hall.

## Disorderly Conduct

- On Tuesday, an assault was reported in Ashby Hall.
- On March 17, a JMU student received a judicial referral for misuse of fire suppression equipment in Weaver Hall.

# Proposal for an All-Wireless Haiti

The earthquake that devastated Haiti also destroyed the nation's feeble network for phones and Internet service. Except for cellphones, the population was largely cut off from communication.

But out of the rubble, one U.S. wireless industry pioneer sees opportunity.

John Stanton, founder of Voice Stream and former chief executive of T-Mobile USA, wants the Haitian government to forget about rebuilding its copper wire communications network. Instead, he thinks Haiti should go mobile.

"Necessity is the mother of invention," Stanton said.

In a keynote speech at the wireless industry's CTIA trade show Wednesday in Las Vegas, Stanton called for the Haitian government to create an all-wireless nation with more robust networks for the population of nearly 10 million and to build an economy centered on mobile technology.

"By deploying state-of-the-art wireless systems, we enable less-developed

countries to leapfrog older technologies, and those systems become the foundation for a new economy," Stanton said.

Stanton is asking Haiti to release more spectrum for commercial carriers to get more people to text and use their phones for commerce, banking and other daily needs. He pledged that his company, Trilogy, would commit up to \$100 million to expand its network there.

# Google Still Self-Censoring in China

HONG KONG — Google said Wednesday that it's still providing censored search services for some partners in China, after announcing this week it would begin offering unfiltered results in the country.

The company needs to fulfill "existing contractual obligations as we believe it's the responsible thing to do," Jessica Powell, a Tokyo-based spokeswoman, said in an e-mail Wednesday. Google will phase out censored services for partners "over time," she said.

Google this week stopped censoring

its Chinese Web site and shifted search services from the country onto an unfiltered Hong Kong site, an act criticized as "totally wrong" by China. The move puts in jeopardy alliances with partners including China Mobile and Sina Corp. as a standoff with the Chinese government raises concerns about the U.S. company's future operations in the world's biggest online market.

"Google is likely to lose a lot of its advertisers in China, which are mainly smaller businesses," said Jake Li, an Internet analyst at Guotai Junan Securities in Shenzhen.

# Scientists Discover Human Ancestors

A team of European researchers has identified a new species of proto-human that left Africa about a million years ago and traveled at least as far as southern Siberia before disappearing.

The existence of this prehistoric lineage was determined by the analysis of DNA extracted from a single bone fragment, according to a study published Wednesday in the journal Nature. What these beings looked like,

# The Breeze

Serving James Madison University Since 1922

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## MISSION

*The Breeze*, the student-run newspaper of James Madison University, serves student, faculty and staff readership by reporting news involving the campus and local community. *The Breeze* strives to be impartial and fair in its reporting and firmly believes in First Amendment rights.

Published Monday and Thursday mornings, *The Breeze* is distributed throughout James Madison University and the local Harrisonburg community. Comments and complaints should be addressed to Tim Chapman, editor.

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# circles eleven

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**in godwin gym**

\$7 w/ JAC, \$10 without  
doors open at 3pm, battles start promptly at 4

**what is circles?**  
Circles is an annual high-hip-hop event put on by the students of the University of Virginia. It features a variety of battles, a freestyle rap competition, a graffiti wars, and a live DJ set.

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52°/29°



**Saturday**  
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57°/37°



**Sunday**  
cloudy  
58°/42°

## IN BRIEF

### HARRISONBURG

#### Stabbing Outside Jimdel's Restaurant

Around 1 a.m. on Sunday morning, a 25-year old Chicago man was stabbed in the Jimdel's parking lot, according to Harrisonburg Police. According to the *Daily News Record* the victim and another man got into an verbal altercation that led to the stabbing. The victim was taken to Rockingham Memorial Hospital with non-life threatening injuries and then transferred to the University of Virginia Medical Center, where he was later released. Police are still investigating.

### STANLEY

#### Professor Injured in Single-Car Accident

At 6 p.m. on Tuesday evening, education professor Brenda Fogus was seriously injured in a single-car accident. According to WHSV, Fogus, 44, lost control of her car and hit a tree. The Elkton resident is being treated for her injuries at the University of Virginia Medical Center.

### RICHMOND

#### Missing VCU Student's Backpack Found

Authorities found missing student Jonathan Dorey's belongings in the James River, on Tuesday according to the *Richmond Times Dispatch*. His belongings were spotted by a citizen who notified authorities. Dorey was last seen on March 2 at 11 a.m. on bike while leaving his residence hall. Authorities are still actively searching for Dorey.

### EDUCATION TECHNOLOGY

#### Blackboard Makes iPhone App

Blackboard Inc. announced Monday it is going to expand its number of services for mobile devices, according to *The Chronicle of Higher Education*. For a fee, 'Blackboard Mobile Learn' will allow students, faculty and staff to have full access to Blackboard services via their mobile devices.

### GEORGE MASON UNIVERSITY

#### Video Essay Applications

George Mason University has become one of the first schools in the country to accept video essays with college applications, according to myfoxdc.com. Of the 20,000 applications received for its incoming freshman class, 120 applicants opted to submit video essays.

## ALCOHOL RESPONSIBILITY

# 'Your Call' Campaign Wins Advertising Awards

By KATIE THISDELL  
*The Breeze*

A campaign to encourage students to drink more responsibly is going in the right direction, according to a national advertising foundation.

The "Your Call" alcohol prevention campaign won four ADDY awards from the American Advertising Federation located in Hampton Roads.

Beginning in the fall, the University Health Center's Substance Abuse Prevention Office began its initiative about protective strategies, which focuses on teaching students how to be responsible rather than telling them not to drink. "We tried to use some really unconventional marketing tactics," director Paige Hawkins said earlier this year.

Developed by Polizos & Company Communications in Virginia Beach, the "Your Call" alcohol or alcohol abuse prevention campaign was awarded two silver and two gold ADDY awards.

**Eat, drink & be merry.  
In that order.**



If you choose to drink, eat a good meal before you go out.

**your call**

jmu.edu/yourcall

**The Office of Substance Abuse Prevention created the 'Your Call' program in the fall. Signs and mirror decals were placed around campus, especially on buses and dorms.**

The awards are the advertising industry's largest and most representative competition and are designed to reward creative advertising excellence.

"As a relatively new office on campus, we hope that the campaign increases awareness about the services and programs our office supports," Hawkins said about receiving the awards. "We hope to create a campus-wide conversation about the harm high-risk

drinking can cause, and the ways in which students can protect one another within our community."

Throughout the fall semester, the office began spreading what Hawkins called the simple and clean design of the "Your Call" word bubble.

"I think we hit our first-year population pretty hard with the campaign, because students come in embracing and exploring independence and

freedom, and we wanted to counter that and remind them that with that independence and freedom comes the responsibility and accountability," Hawkins said.

Not all students think that the program was effective, including freshman Francesca DiValerio.

"When I look at them, I'm just like, 'Oh, it doesn't affect me,'" DiValerio said.

Freshman Caitlin Schumacher said she thinks some of the signs are funny, but they haven't made her change her habits.

"I definitely read them and am aware," Schumacher said.

In response to the students who aren't directly paying attention to the campaign, Hawkins said she believes these passive strategies are effective.

The tactics targeted students of all ages. Before classes started, Hawkins

see **ADDY**, page 5

## ENVIRONMENTAL HEALTH

# Something's in the Water at Purcell Park

By RYAN F. PLATT  
*The Breeze*

It may be tempting to swim in the streams and lake around Harrisonburg in the new heat wave of springtime, but that may be more of a health hazard than expected.

According to Harrisonburg's Park and Recreation Web site, the flowing stream in Purcell Park is "impaired," meaning that the water is "contaminated with fecal coliform bacteria and elevated sediment levels." Too much exposure to the waters either through swimming or its entry into open cuts and wounds, could cause severe intestinal illness from fecal bacteria.

However, the department said it is trying to fix the errors of the past and the problems of today. Anyone walking by Purcell Park over the next couple weeks will notice a construction site and several new additions to the park.

Justin Showalter, the stream health coordinator responsible for the city's water cleanup, explained the vast efforts to improve the impaired waters in the area. Blacks Run, which connects to Purcell Park's stream and runs through the city limits for eight miles, has failed



DAVID CASTERLINE / THE BREEZE

**The stream running through Purcell Park is part of Blacks Run, which is contaminated with coliform bacteria.**

see **PURCELL**, page 6

## MEET THE SENATOR



### Christa Brown

■ **junior triple major: political science, theatre and dance, German**

■ **academic affairs committee member**

**What is your favorite part of SGA?** Working with the Madison Advising Peers because I have developed relationships with people other than students.

**How is a representative different than a senator?** Reps only attend four senate meetings a year but are required to serve on a committee. Senators must attend the majority of the meetings and also serve on a committee. Reps do not have voting rights. Senators do.

**Do you want to go into politics after college?** Yes, I will be attending law school after college and hopefully run for Senate and president of the U.S.

**Who do you think was the best-dressed celebrity at the Oscars?** I do not watch much television, but I think Emma Watson from "Harry Potter" has a divine fashion sense. It is a mixture of prep and the modern professional woman.

**Who is your celebrity crush?** HUGH GRANT! I love the sophistication and accent of British men.

**What is one quote that inspires you?** "It is not the critic who counts, not the man who points out how the strong man stumbled, or where the doer of deeds could have done better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who strives valiantly, who errs and comes short again and again, who knows the great enthusiasms, the great devotions, and spends himself in a worthy cause, who at best knows achievement and who at the worst if he fails at least fails while daring greatly so that his place shall never be with those cold and timid souls who know neither victory nor defeat." – Theodore Roosevelt

**If you could travel to any country for a day, where would you go?** Greece. I hear the weather is fabulous and I'm a big fan of their cuisine. Gotta have an authentic gyro!

**How long have you been in the SGA?** Since freshman year.

**What slang phrases are you most guilty of using?** I shorten words, like "usual" becomes "the usih," and "ridiculous" becomes "ridic." I also say "bee tee dubs" instead of "by the way."

**What is your favorite spot on campus?** The ISAT field hockey turf.

**What one class has really made an impact on you?** GPHIL 120 – I like learning the pure basics of logic. It is useful in determining faulty arguments.

## ANIMAL SHELTER

# City Plans Animal Rights Mediation

By DANIELLE STRICKLER  
*The Breeze*

The Rockingham/Harrisonburg SPCA, an activist group, Citizens for Animal Welfare, and the Shenandoah Valley Spay and Neuter Clinic plan to discuss their differences about animal rights through a mediation session proposed by the city.

Mayor Kai Degner sent a letter to the SPCA, the SVSNC, Citizens for Animal Welfare and Rockingham County inviting each group to participate in a voluntary mediation session with a professional mediator to resolve differences.

"The opportunity here is to get people in a room and have a safe, constructive conversation about their perspectives of what's been

happening," Degner said.

Degner said every group has agreed to mediation, except for Rockingham County, which plans to discuss it at its Wednesday meeting. Each group has agreed to share the cost of the mediator.

"I think we have a lot of people concerned about animals," Degner said. "I think we have an opportunity to ensure the animals get a loving home rather than be euthanized."

According to the Virginia Department of Agriculture and Consumer Sciences, the Rockingham/Harrisonburg SPCA has the highest euthanization rate in Virginia. Although this number is down from 2004 the SPCA still had a 65 percent euthanasia rate in 2008. The Charlottesville-Albemarle SPCA had a death

rate of only 12 percent in 2008.

"The SPCA has outdated policies and blames the public for the deaths, and lack of funding," said Kate Mansfield, head of the SVSNC.

The SPCA declined to comment.

The SVSNC hopes to educate the public on how to better care for their animals and to work with families who may not be able to take care of their pets.

"As a clinic, we have already offered a food pantry for families in this economic time who may not have the means to buy food for their pet," Mansfield said. "There are shelters all across the state that have made this model successful on very little money, and have accomplished a lot, because they

see **SPCA**, page 5

## SGA

# Student Government Mulls Podcasts

By AMANDA HERMAN  
*The Breeze*

SGA wants to go live.

In a new effort to reach out to the student population, the SGA wants to broadcast the weekly meetings.

With the help of the media arts and design department, the SGA would either broadcast its meetings live, post podcasts of the meetings or prerecord meetings for later broadcast.

The taping could begin as early as next week, but the specifics are still being decided.

During Tuesday's meeting, SGA members talked in groups about the possible benefits and setbacks of broadcasting meetings. Among

concerns were microphone issues and that taping the meeting could discourage people from coming to the actual meeting and giving presentations. Also, since they would air on channel 55, the JMU campus channel, off campus students would not have access to the broadcasts.

SGA president Candace Avalos said she is open to doing two or more of the options, but that the live broadcast would be the weakest option because they wouldn't be able to edit the tape before it airs.

### Also on Tuesday

The University Program Board was granted use of about \$6,000 of SGA's reserve money to purchase

two computers, an office printer, and Adobe systems pack and Quicktime Pro. Because UPB is a program receiving front-end budgeting, meaning they are guaranteed money each year the money already belonged to the organization, according to finance committee chair Adam Hall.

Hall said all front-end budget organizations, such as UPB, Student Ambassadors and the SGA must receive granted formal permission from the SGA as the first step in using reserves. These organizations are required to have 30 percent of their funds in reserve for use on long-term investments, like the purchases UPB wants to make.





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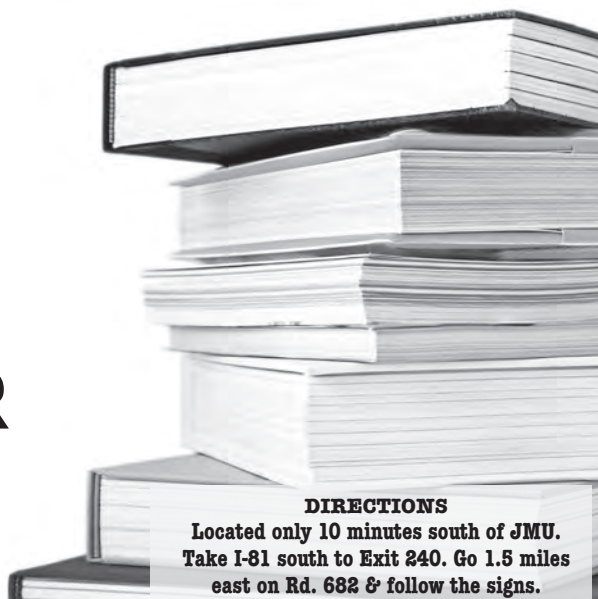
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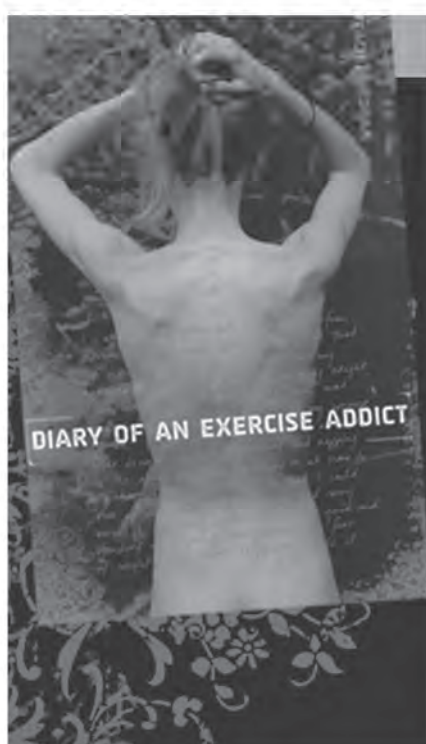
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Place: Building: Festival Room: Allegheny  
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**DIARY OF AN EXERCISE ADDICT**

Sponsored by Student Wellness and Outreach and Tri Sigma

**Tuesday, March 30**  
**Festival Ballroom**  
**7 p.m.**



**Peach Friedman**

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# HEALTH CARE | Attorney Gen. Files Lawsuit Over Federal Mandate

from front

panies for dropping them,” Cockley said. “Say you, as a student, came down with a heart condition. Previously, your insurance company may have dropped you.”

He said basically companies would pronounce you as a liability for the company and remove you from any coverage they may have offered. Cockley said the goal is now to eliminate that issue.

The reform requires for everyone to be covered by health insurance or else they will face fines starting in 2014. The penalty will start at \$95 or 1 percent of income, according to *The New York Times*, and then rise to \$695 or 2.5 percent in 2016. Families would not have to pay more than \$2,085. American Indians will also not have to buy insurance.

Cockley pointed out that the bill offers many incentives in the form of tax rebates, some in the form of “subsidies” he said, which will likely result in more and more businesses offering insurance to their employees — especially from smaller businesses.

Since more people will have insurance than currently, more people are expected to visit their primary-care physicians for

check-ups.

Freshman health sciences major Alex Zuber said he is not a fan of the reform, because he does not think the government should take over the health care system.

“I wanna be a doctor, and, from a doctor’s perspective, it’s a lot more work, because people are going to be coming in with every sniffle or sneeze they get,” Zuber said. “My doctor from home is concerned, because she feels that 15 minutes with every patient is hardly enough time.”

Clark believes that another important part of the reform involves health insurance exchanges, which would be between private companies but government regulated. These let people compare companies side-by-side to see which offers a better plan.

“You can’t really do that right now,” Clark said. Currently, plans are very different and not regulated under one set of standards.

While Zuber thinks it’s great that everyone will get insurance, he does not think it should be a requirement.

“There’s some people who have enough money that they don’t need it, and they can pay for anything they need,” Zuber said. He added that “this could be a step in the right direction, but I

think there’s changes that need to be made and see what we can do to make this thing work.”

To compensate for the uninsured currently, hospitals charge their patients more to compensate, said senior Brian Needham. He plans to go to graduate school at Ohio State University next year to study business and health administration.

“There’s going to be some changes in the system, and it will be an interesting next few years to see what happens,” Needham said. “America is torn between what they want and what it will take to get it. Everyone agrees that controlling health care costs is a priority, but we do not fully understand what it takes to achieve lower costs.”

Needham said many people are worried about becoming more like European countries.

“But, so what? They have better healthcare, cheaper costs and

in many cases better standards of living,” Needham said. “The United States is no longer the world’s superpower that it once was, and we need to realize that we can learn a thing or two from other countries.”

Several major medical associations have backed the reform, including the American Academy of Family Physicians. The American Medical Association sent a letter to Speaker Nancy Pelosi, stating, “[The] passage of H.R. 3590 marks an important step toward improving the health of the American people, but our work here is far from done.”

Other organizations, like the Medical Society of Virginia, believe some of the reforms meet their policies but that much of the legislation disagrees.

The Republican National Committee is against the reform. The group’s Web site on Wednesday vividly asked for Pelosi to be fired.

Virginia is now one of about 30 states filing lawsuits claiming that the bill is unconstitutional.

Attorney Gen. Ken Cuccinelli filed a lawsuit Tuesday immediately after Obama signed the reform into law. Cuccinelli argues the law is unconstitutional, because it gives the federal government more authority that it should not have, by requiring every person in the country to purchase health care.

Anthony Bopp, a professor in the health sciences department at JMU, explained the opposition from conservatives and liberals lay in the age-old debate against big government.

“Philosophically,” Bopp said, “Republicans don’t want government intervention in the private decision making of the insurance industry. In this world, people either follow more community-based or more individual action — it’s a simple philosophical difference.”

Bopp feels that if the bill is declared unconstitutional, it would lead to further changes and become even more government-oriented.

Currently, he explained, the situation is still set up as a private option, with limited government intervention, while still managing to offer millions of Americans health care.

“If I were an investor right now, I’d be investing in insurance,” Bopp said.

The sudden flow of literally millions of people purchasing insurance is going to mean tons more business for insurance companies — and tons of insurance for the millions of uninsured.

The changes, however, will not happen overnight.

“It will take four years to implement fully many of these reforms, because we need to implement them responsibly,” Obama said Tuesday at the signing. “We need to get this right. But a host of desperately needed reforms will take effect right away.”

Calling the passage “a victory for the United States of America,” Obama went on to explain which pieces of reform happen this year: offering tax credits to small-business owners, mandating insurance to children with pre-existing conditions (this will affect adults in 2014), outlawing limits on the amount of care, requiring free preventive care and more help to senior citizens.

At the University Health Center, insurance is not used and the majority of services are free (funded through student fees). Since the center is not part of the mainstream of private medicine, it is not affected by the legislation at this time, according to the UHC medical director, Dr. Stephen Rodgers.

# SPCA | New Shelter Offers Alternatives

from page 3

have a mission and a goal.”

With possible new funding, the SVSNC is proposing to build a new, larger animal shelter.

“What the city wants to do is find the best operation possible that cares for animals,” Degner said.

If the SVSNC could start a new shelter, members said it would follow a life saving model that has been successful in other pounds and shelters throughout the state. The model would reduce the intake of animals by helping people get their animals neutered. Mansfield says that any animal brought into the shelter would be automatically neutered and given vaccinations.

According to the number of animals in the shelter compared to the number of people actively

looking to adopt, Mansfield said she would not be afraid of running

“You can’t kill animals and not do anything to stop reproduction. If you get an animal from our shelter, it will already be fixed.”

**Kate Mansfield**  
head of the  
Shenandoah Valley  
Spay and Neuter Clinic

out of room. The new shelter based out of the SVSNC would also offer

foster care for the animals, until an adoptive home is found.

“I am confident by this time next year if we get the money from the city and county, that the death rate will not be the highest next year,” Mansfield said.

The new shelter would also have shelter veterinarians on hand who are trained for shelter cases. If an animal is ill or injured, Mansfield said it would be cared for. The model will also use subsidized surgery. If the family cannot afford to get the pet fixed, instead of giving the pet up, the shelter will offer spay or neuter surgery to be made in payments.

“You can’t kill animals and not do anything to stop reproduction. If you get an animal from our shelter, it will already be fixed,” Mansfield said.

# ADDY | Staff Hopes To Start Peer Facilitation For ‘Your Call’ to Promote Responsible Drinking

from page 3

said office staff members hung door hangers at off-campus residences. Bus ads featuring the “Your Call” slogan ran throughout the city. Tip cards were also handed out at resource fairs.

Mirror decals were put up in residence hall bathrooms.

“We got great feedback. We had RAs calling us; students were requesting them for their own rooms,” Hawkins said.

The campaign also included a wallet drop in the fall where staff members left bi-folds

around campus with a card saying, “When you have had too much to drink you can lose more than just your wallet.”

Flash videos also ran before movies in Grafton-Stovall Theatre and at <http://jmu.edu/healthctr/sap>.

The most engaging part of the campaign was the popular free soda program in the fall. The first 50 off-campus students who signed up online on Thursdays could receive a free case of Coca-Cola soda with the intention that it would be another option for students who did not want to drink.

Hawkins hopes JMU can move toward more peer facilitation as part of the future of the “Your Call” program.

“I think for us to really see a significant change in our culture, students are going to have to be addressing student behavior. It can’t be me; it can’t be another administrator,” Hawkins said. “We need students identifying and confronting high-risk behavior and saying, ‘That is not acceptable. I’m concerned about you. This is not how I want people to perceive JMU.’”



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## EDITORIAL

# On to the Next One

ALTHOUGH THERE WAS a general consensus among American people that the health care industry needed reform, there is much controversy as to whether this Congressional reform is a step forward or a step back. It seems likely no one will really know for many years. With that in mind, we can only hope for the best.

One immediate effect for college students is that they will remain on their parents' insurance policies until age 26.

With the passing of health care reform Sunday night, the nation can now focus more of its attention on equally pressing issues, such as immigration and the environment.

## LETTER

### Concern Over Lawsuit

Attorney Gen. Ken Cuccinelli's lawsuit opposing health insurance reform has left me concerned as a resident and a taxpayer. He is obligated to serve as consumer counsel and to protect the people and welfare of Virginia. Due to serious budget cuts affecting all state offices, he must focus on the most critical legal priorities with the greatest impact on Virginia residents. It's disturbing then that the most visible initiatives he has pursued to date are highly partisan, serving the interests of only a very narrow ideological minority in the state.

Health care legislation will

provide coverage to more than a million uninsured. It will also provide against denial and cancellation of coverage and save money for all Virginians. It is difficult to believe that bringing suit against this legislation is a priority that the majority of Virginians wish to see pursued or one that is an efficient use of limited resources. Further, this challenge is harmful to consumer interests, and in direct conflict with the Attorney General's role as consumer counsel.

**Jim Lindsay**  
member of the Health Care  
Committee of the Virginia  
Organizing Project

# DARTS & PATS

DARTS & PATS ARE ANONYMOUSLY SUBMITTED AND PRINTED ON A SPACE-AVAILABLE BASIS. SUBMISSIONS CREATIVELY DEPICT A GIVEN SITUATION, PERSON OR EVENT AND DO NOT NECESSARILY REFLECT THE TRUTH.

### breezejmu.org» submit darts & pats

A **"way-to-be-lazy-girls"** dart to the lacrosse players who park in a handicap space behind Garber every day.

*From someone who thinks you look healthy enough to walk like the rest of us.*

A **"stupefy!"** pat to Harry Potter Weekend.

*From a girl who doesn't mind that she will have to pull an all-nighter to get all of her work done.*

A **"what-the-%%\$#!?"** dart to the Kansas basketball team's epic fail.

*From disappointed bracketeers everywhere.*

A **"thanks-for-saving-the-day-when-I-didn't-even-know-it"** pat to the nice guy in Hunters Ridge who contacted me to return my wallet that I had no idea I'd lost.

*From a very happy girl who will remember to make a point to do the same for others in the future!*

An **"I-AM-a-man-and-I-DO-drive-a-Dodge-Stratus"** dart to the four freshman boys who made fun of me for being a guy who drives a Stratus.

*From a senior who can actually drive places and would like to know how having to walk everywhere on campus is working out for you.*

A **"you-inspire-me"** pat to the women's basketball team, coaches and athletic staff for all the hard work resulting in the great accomplishments this season.

*From a fan who thinks you are No. 1 and is so proud of you.*

An **"are-you-blowing-your-nose-or-hyperventilating?"** dart to the sickly kid sitting behind me in class.

*From a shaken sophomore who almost had a panic attack as a result of your pseudo-panic attack.*

A **"doing-my-roommate-won't-make-us-close-again"** dart to my dear ex-best friend.

*From someone who'd appreciate if you took your dirty deeds elsewhere.*

A **"you-gotta-be-a-man-to-wear-tights"** dart to myself for accidentally stealing from my ex-roommate.

*From an inebriated Robin Hood who would like to apologize.*

A **"what-look-are-you-going-for?"** dart to the girl wearing booty shorts and rain boots.

*From a student who has learned to check the weather before she leaves her apartment.*

A **"we-support-you"** pat to all of the strong, beautiful women and men who shared their stories and spoke out against sexual assault and violence at Take Back the Night.

*From a senior who admires your strength and courage.*

A **"where's-Waldo"** pat to the person who left papers around campus with instructions to find the guy wearing the striped shirt and blue Vans.

*From a senior girl who enjoyed the "I Spy" study break.*

A **"my-mascara-is-ruined"** dart to the group of girls at The Pub singing the "Graduation (Friends Forever)" by Vitamin C six weeks before graduation. Thanks for making me cry.

*From a depressed senior girl who is trying to embrace every last second she has as at JMU.*

A **"welcome,-future-Dukes!"** pat to all the little kids chanting J-M-U and highfiving students on their way to class near Wilson Hall yesterday.

*From a fellow Duke whose day you all made.*

A **"you'd-make-a-lumberjack-proud"** pat to the young man sawing logs the other day during his nap in Carrier.

*From a distracted studier who found herself typing to the rhythm of your breathing.*

A **"low-balance-warning,-say-what?"** dart to my bank account.

*From a girl who won't let her lack of funds get her down.*



## The Candidate Choices are Practically Endless!

JORDAN GAREGNANI | contributing writer

# Beyond the Nutrients

Students Should Take the Dining Services Survey to Give Input about All-Natural Foods.

JMU dining is way behind the nutrition curve. While looking at Dining Services' nutrition page, it only seems to address how the food is cooked which "locks in flavor and nutrients." It does not discuss how to make healthy eating choices easier for students. Yes, Aramark, our food source, provides nutritional information in all our dining halls, but what is IN the food we are eating? Are there steroids in the beef at Burger Junction and GrilleWorks? What fertilizers were used to grow the vegetables at the Mongolian Grille? Are our salad bars filled with preservatives in E-Hall, D-Hall, Mrs. Greens and Madison Bread?

Students are ingesting preservatives, pesticides, growth hormones and fertilizers every time we eat a "healthy" meal. These chemicals are toxins that

build up in our bodies over periods of time. According to the Environmental Protection Agency, these toxins can

Are there steroids in the beef at Burger Junction and GrilleWorks? What fertilizers were used to grow the vegetables at the Mongolian Grill?

cause cancer, affect the nervous system and irritate the skin. They are not just found on, but can also be in, the fruits and vegetables we eat.

We have many vegetarian and vegan

options emerging on campus, which is very considerate, but what about those of us in the all-natural movement? Little-to-no organic or cage- and hormone-free options exists; or if they do exist, JMU and Aramark hide them very well. The only organic product I've managed to find is a cup of yogurt in the refrigerated section of Market One. You can comment on the lack of all-natural options through Dining Services' survey found on their Web site, and hopefully they will recognize the desire for truly, healthy food on campus. Although, all-natural foods can sometimes be more expensive, I for one would gladly pay a little bit more to bite into an apple that won't potentially kill me one day.

Jordan Garegnani is a junior media arts & design major.

SEAN DOLAN | guest column

# The New Obama

Successful Health Care Reform Puts Confidence Back into America's Future.

On Sunday night, the House of Representatives made history with the passage of the health care reform bill. According to the Associated Press, this new law will bring health insurance to 32 million currently uninsured Americans. Almost everyone will be required to buy health care with an exemption for low income families, starting in 2014. The \$938 billion bill will be paid in part by tax dollars. However, only those individuals with incomes more than \$200,000 and families with incomes more than \$250,000 will be affected.

According to the Congressional Budget Office, the bill will cut the deficit by \$1.3 trillion over 20 years. Within the first year after the bill is signed, 18 important new policies will go into effect. One significant guideline that affects college students is that we can stay on our parent's insurance plans until age 26.

Democrats accomplished this feat with a vote of 220-215. This has caused conservative members of Congress to express anger that they were not at all involved with the bill. Not true. President Obama made every effort to hear what Republican members of Congress

had to say. The president held question and answer sessions with Republicans and a bipartisan health summit last

Voters will remember the outstanding leadership of Obama, and the historic legislation he has pushed through with a Democratic Congress behind him.

month. However, Obama soon realized this was not efficient, due to the GOP's obstructionist nature. In the end, only one Republican idea made its way into the bill — an increase in payments to primary-care physicians under Medicaid.

As Rep. Anthony Weiner (D-N.Y.), said on the house floor, the GOP is "a wholly owned subsidiary of the insurance industry." This shows there is such vicious opposition against the

health care bill on the right. Republican members of Congress receive hundreds of thousands of dollars from insurance companies because they don't want reform. Insurance companies are there to make money; with this new bill, they cannot drop customers that can cost them more money, and they can't make arbitrary hikes in premiums.

When the time comes for midterm elections, some Republicans might claim "We'll remember in November." In my opinion, this kind of thinking will backfire on the GOP.

Come November, and beyond, voters will remember the outstanding leadership of Obama, and the historic legislation he has pushed through with a Democratic Congress behind him. Voters will remember the jobs created from the stimulus package. Voters will remember how health care reform saved lives. I am extremely optimistic about the future of America. Obama has a new wave of confidence; he is ready for more progressive legislation.

Sean Dolan is a freshman political science major.

# » SGA DEBATE

April 5 • 6:30 p.m. • TDU

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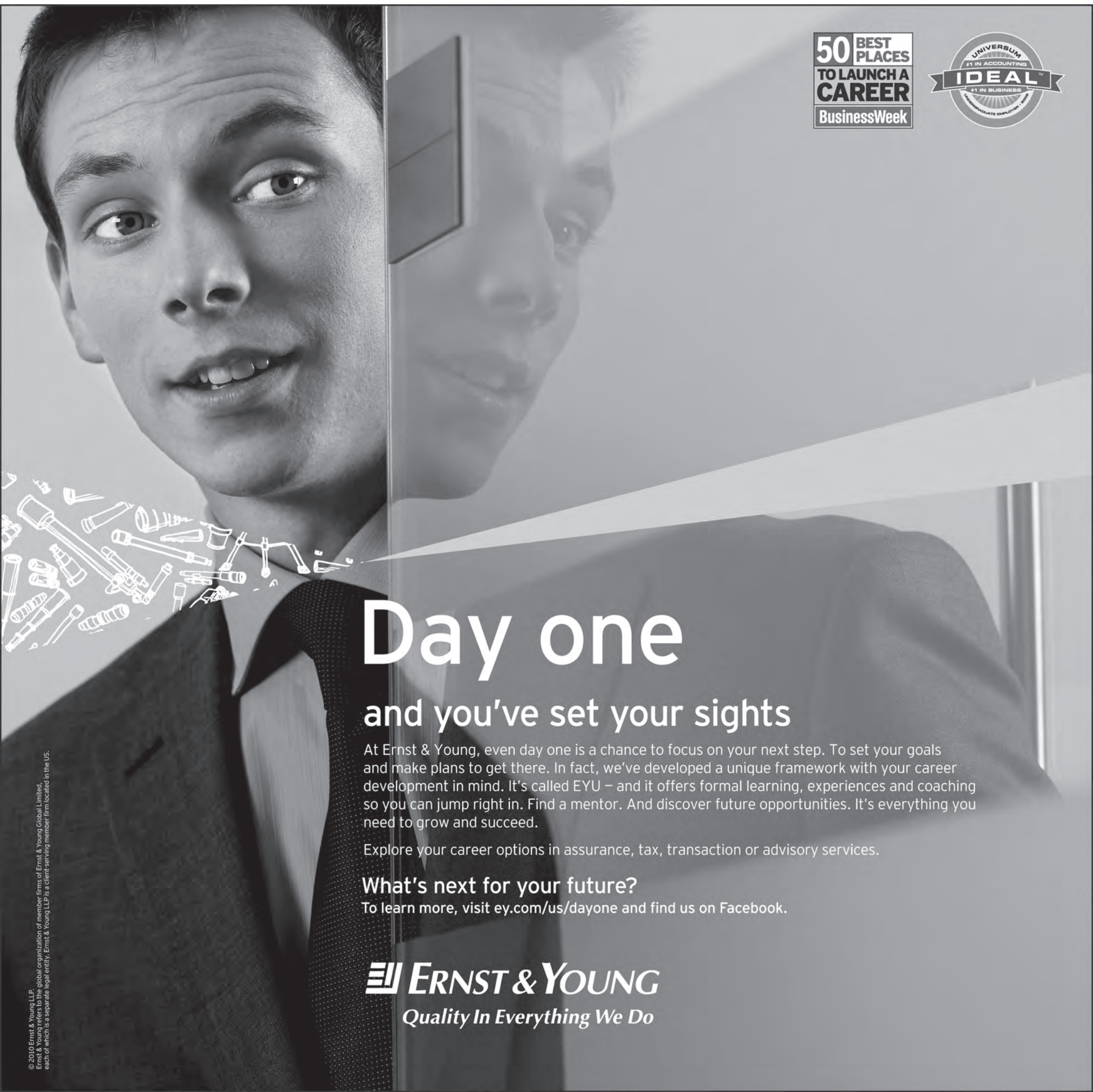
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## 'YOU'LL BE SCREAMING MORE'



GRAPHIC BY ANNA YOUNG, NATALIYA IOFFE / THE BREEZE

### UPB Expands Genre of Performers With Three Hip-Hop Artists at Spring Convocation Show

By **JEFF WADE**  
*The Breeze*

After a long wait, the University Program Board (UPB) announced its spring concert. True to its title, the Hip-Hop Hat Trick brings three artists to the Convocation Center, all with their own take on the genre.

Commanding headlining status is D.C.-native Wale. After a series of free and fantastic mixtapes (including 2008's stellar "Seinfeld"-based "The Mixtape About Nothing") the rapper finally dropped his first official full-length "Attention Deficit" in November. Wale's material pairs his cool flow with an eclectic mix of samples ranging from go-go to electro. Just outside of the mainstream and poised for a breakout, Wale has a commanding presence that shouldn't be missed live.

The bill also features Jason Derülo, the up-and-coming star whose omnipresent and infectious single "Whatcha Say" is probably playing in a dorm room or D-Hall right now. After finally releasing his self-titled album, Derülo will most likely have a few more soon-to-be inescapable future hits, on par with "In My Head" and "Ridin' Solo."

DJ Earworm is the latest member of the burgeoning dude-with-a-laptop genre. DJ Earworm favors slow burn and a layering buildup in contrast to Girl Talk's more spastic, kitchen-sink approach. Most notable for his annual "United States of Pop" mixes, DJ Earworm makes music consisting entirely of the biggest can't-get-it-out-of-my-head pop that bends into a singular whole.

Junior Stephen Eure, public relations director for UPB, said Wale was a clear front runner after the completion of the UPB concert survey.

He also added that the event is meant to appeal to students who haven't had their taste reflected in this year's previous concerts.

"Having already delved into rock with Third Eye Blind and country with Corey Smith this year, we wanted to explore the idea of a hip-hop concert," Eure said. He also added that the selection reflected that "the hip-hop genre is incredibly diverse," and UPB's selection purposefully played up this aspect.

General response among students, both on campus and on Facebook, has been mostly positive. Excitement isn't limited to JMU, as students from surrounding schools, such as Virginia Tech and UVa., have expressed interest in the event.

Tickets go on sale at 8 a.m. on April 5 at the Warren Box office or online at UPB's Web site upb.jmu.edu. Doors open for the event at 6:30 p.m. with local entertainment taking the stage before the concert begins at 7:30 p.m.

**MICHAEL LARRICK** | mike check

## Embrace LarriCare



Well freedom, it was nice knowing you. With the passage of the health care reform bill, it's pretty clear that the Apocalypse is right around the corner, and the world is going to end in a fiery blaze of socialized medicine. Dinosaurs will emerge from the Earth, and Obama will be named the Socialist Emperor of All Mankind on his perch atop a Tyrannosaurus rex. It's time to pack up and head to Canada, a place where its leader doesn't hate freedom, and health care is ... it's free there too? Well great, we're just like Canada now.

Clearly, health care reform is solely about punishing the rich and not at all about providing a helping hand to those who have nothing. This is America, the country where we founded the stuffed crust pizza, and in my eyes, that delicious item represents what America is all about: not giving a shit. Other countries barely have enough food to keep themselves alive while we have poverty on our own doorstep, and we're developing ways to stuff our food with other food.

As an American citizen, I don't think I should be forced to consider the fact there are people in this country who are much worse off than I am. It really bums me out, and I don't need that negativity in my life. Why should I have a less expensive car that I don't need, so a young, poor boy with a life-threatening disease can live? Maybe he should get a job, like a normal American.

There's no point in crying about the whole ordeal, so it's time to be more optimistic. Let's start enjoying this whole free health care business and start doing as much harm to our bodies as possible! I know you've always wanted to be morbidly obese,

but the only thing stopping you was the threat of social isolation and heart failure. Who cares now? You're not paying the bill! Go ahead and dip that frosted doughnut in some Miracle Whip!

I've always thought it would be kind of interesting to get shot, and now I can have a friend shoot me in the arm, and then I can smoke a cigarette through the wound. I might bleed out while I fill out all of the paperwork and wait in line, but at least my wallet

I know you've always wanted to be morbidly obese, but the only thing stopping you was the threat of social isolation and heart failure.

will remain in my back pocket. Thanks government! To all you girls who think it's safe to artificially tan yourself to the shade of an adobe hut but are scared of skin cancer and paying for treatment, go crazy. It's tan o'clock somewhere.

To be honest, I'm not particularly for or against the bill, but I'm positive this won't be the end of America. America is pretty awesome, and I think people need to realize that even when times are "tough," people in other places have it far worse. It reminds me of a saying I read off the back of a shirt of a passed-out redneck, except when you read it, replace "pizza" with "America":

Pizza is like sex. When it's good, it's good. When it's bad, it's still pretty good.

Michael Larrick is a senior media arts & design major and a humor columnist at *The Breeze*.

## Dancing with Dolls



PAUL JONES / THE BREEZE

"Recalled," choreographed by junior Leah Hartman, is one of eight individual works in the School of Theatre and Dance's Contemporary Dance Concert. The production features "psychotic dolls that have been recalled and are on the prowl."

### Professional, Student Choreographers Produce Other-Worldly Pieces

By **ARIEL BOJEUN**  
contributing writer

Step into the scene of the Contemporary Dance Ensemble and be swept into a world of imagination and swirling movement. The final dance performance in the Latimer-Schaeffer Theater combines the beautiful and legato with the eerie and broken as student, faculty and guest choreographers perform their works.

Eight individual works are presented with the aid of dramatic lighting, costuming and music. Each stands on its own, telling eight separate stories. Cynthia Thompson, artistic director of the Contemporary Dance Ensemble, explains that "each piece is its own separate world," and the audience should simply "take it all in."

Although a story and inspiration are behind each piece for the specific choreography, it is up to the audience to

interpret the movements. Thompson clarified that, in fact, "confusion is not necessarily a bad thing."

"About empathy and feeling another's pain – the pattern of how you are affected by heartbreak."

**Joanna Rose**  
junior theatre and dance major

Recognized by *Dance Magazine* and the *New York Times*, Faye Driscoll choreographs the piece "Wow, Mom, Wow," illustrates a struggle for a trio of long-lived friends' unity but also for their individualism. The mix of legato

and staccato combined with physicality produce sound, making an engaging and contrasting piece.

Despite the professional elements, the student-choreographed work certainly shines.

Nicole Fiorella's moving and emotionally gripping work "reTurn" not only blossoms on the JMU stage but was recently performed at the American College Dance Festival in Athens, Ohio. The work portrays "seven women who are dealing with a tragedy and the seven of them coming together," explained Fiorella, senior theatre and dance and media arts and design double major. A large wooden table sits solemnly center stage, which "signifies a home space where on top of the table you are more vulnerable to the tragedy that has encompassed the environment"

"Cycle of Repair," choreographed

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from front

The students kept coming up for nearly two hours, some with friends for support and hugs. The audience passed tissue boxes and sniffled. One girl couldn't face the audience, but tearfully turned

One girl was raped from age three until a few years ago. Her friend, also a survivor, held her as

Many girls fell into depression, faced eating disorders or self-mutilation. Some focused on sports such as running. Time and time again they reiterated what they wanted: people to speak out and others to listen and believe.

“I remember looking in my

After the speak-out, the students lit white candles in paper cups. Some girls held hands in support. In respectful silence, they marched from Grafton-Stovall Theatre to the front of Wilson Hall, only pausing to relight candles the wind had blown out. A large circle of glowing candles silently contemplated what the students had heard that night. Finally, the line silently trekked back to the auditorium and dispersed.

**E-mail**  
**breezearts@gmail.com**

PAUL JONES / *THE BREEZE*

from page 9

by Joanna Rose, a junior theatre and dance major, is disparaging and emotionally uncontrollable in its movements and beauty. The piece's background, described by Rose, was "about empathy and feeling another's pain — the pattern of how you are affected by heartbreak, because you see how it is affecting the

The concert's end, featuring Leah Hartman's piece "Recalled," was nothing short of dramatic. "Basically, psychotic dolls that have been recalled are going on prowl," said Hartman, a junior dance and psychology double major.

The show continues through Saturday.

*The Washington Post*

If you've seen the trailer — heck, if you've read the title — you pretty much know everything there is to know about "Hot Tub Time Machine." John Cusack, Rob Corddry and Craig Robinson star as estranged best buds who go on a ski trip and wind up athwart of the time-space continuum (Cusack's character's nephew, played by Clark Duke, goes along for the ride). It's precisely the kind of impossibly ludicrous, crassly

What really makes “Hot Tub Time Machine” work are the performances, with Cusack — generously winking at his own iconic power in the era

**"Hot Tub Time Machine"**  
is one of those movies that on paper make you despair of the state of contemporary cinema; on screen, though, it's proof that execution is everything.

*The Bloomberg News*

The new CD's opener "Pray for Rain" has booming piano,

As a comeback, "Heligoland"

The result was more akin to experimental heavy metal than a suitable accompaniment to a soufflé. The subterranean rumble reached heights on "Karmacoma," the night's closing song. Anyone catching the shows can expect to be introduced to a superb record.

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## A photograph of a modern kitchen with white cabinetry, a black oven, a microwave, and a dining table with purple chairs. The kitchen features a white countertop, a black oven with a microwave above it, and a sink area with a window. A dining table with purple chairs is visible in the foreground, set with plates of food.

## A child's bedroom with light blue walls. A bed with a black and white floral duvet and a blue pillow is positioned against the wall. To the left is a wooden dresser with a small box on top. A window with blue curtains is on the right. The wall is decorated with a collage of photos and a small shelf with books. A pink chair is partially visible in the foreground.



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## GAMES THIS WEEK

**WOMEN'S LACROSSE**  
**■ Maryland @ JMU**  
 Saturday, 4 p.m.  
*Maryland is currently the No. 2 team in the nation. Freshman Casey Ancarrow garnered her second CAA Rookie of the Week honor this week.*

## MARCH 17-23 CLUB SPORTS RESULTS\*

**Gymnastics**  
**UNC-CHAPEL HILL INVITATIONAL**  
*JMU finished in third place with a score of 130.0*  
**■ Bars** – Mandy Daley, third (8.7)  
**■ Floor** – Mandy Daley, first (9.6)  
 Kim Parsons & Torie Bestercey, fifth (9.0)  
**■ All-Around** – Mandy Daley, second (35.05)

**Baseball**  
**No. 4 JMU VS. No. 16 DELAWARE**  
**■ Game 1** – 8-0 win  
**■ Game 2** – 11-2 win  
**■ Game 3** – 10-8 win  
 Series Valuable Players – George Stipisich, Scott Lobdell, Rob Jennings, Paul Boots

**Swimming**  
**JMU SPRING FEVER INVITATIONAL**  
**■ Women** – first of 15  
**■ Men** – first of 15  
 MVPs – Hailey Shore, Ethan Sherman

**Men's Lacrosse**  
**■ vs. Radford** – 13-2 win  
**■ vs. Christopher Newport** – 10-3 win  
 Weekend MVP – Kyle Banfer

**Fencing**  
**SOUTH ATLANTIC CONFERENCE INTERCOLLEGIATE FENCING CHAMPIONSHIP**  
**■ Women** – saber, third  
**■ Men** – foil, second  
**■ Foil** – David Warnock (eighth), Scott Bell (sixth), Bryce Rogers (fifth), Melanie Demaree (fourth)  
**■ Saber** – Nikki Ando (second)

**Rugby**  
**MID ATLANTIC RUGBY FOOTBALL UNION PLAYOFFS**  
**■ vs. Temple** – 31-19 loss  
 MVP – Ryan Burwell

\* *The Breeze* does not vet the results provided by the clubs. We encourage all JMU sports clubs to **report results to Ethan Sherman** at [jmusccvicepresident@gmail.com](mailto:jmusccvicepresident@gmail.com) every Monday; results are printed Thursdays.

## GOLF Men and Women Finish Top 10

The men's golf team finished in seventh place in Monday and Tuesday's C&F Bank Intercollegiate Tournament in Williamsburg. The 36-hole tournament was held at the River Course at the Kingsmill Golf Resort and hosted 22 teams from across the country. After carding a score of 301 on the first day, the Dukes found themselves in 15th place. However, after a final day score of 296, the team moved up eight spots and secured a finish in the top 10. JMU was led by freshman Ryan Vince, who, after being left off the squad's five-man scoring team, posted the team's best individual score. His 36-hole total of 143 was good enough for sixth overall of the field's 120 golfers. The Dukes will be back on the links April 5 in Lexington for a 36-hole match against Washington & Lee. The women's golf team also performed well early in the week, placing sixth at the Pinehurst Challenge. The tournament, also on Monday and Tuesday, was held at the famed Pinehurst No. 8 Golf Course in Pinehurst, N.C., and featured 18 teams from around the nation. The Dukes posted rounds of 300, 298 and 312 for a 54-hole score of 598. It was the team's seventh top-10 finish of the season. Sophomores Valentina Sanmiguel and Nicole Sakamoto were JMU's top finishers, ending seventh and 11th, respectively, out of a 93-golfer field. Sanmiguel's individual score of 221 gave her the first top-10 finish of her season after posting two top-10s last year. Sakamoto's 224 was good enough for her fifth top-15 showing of the year. The women's team will be in action again April 5, as they will participate in the Tina Barrett Invitational in Farmville, hosted by Longwood University.

– staff reports

## MEN'S TENNIS



# Valley Wind Challenges Opponents

By COLLEEN HAYES  
*The Breeze*

An impending thunderstorm and gusty Valley winds couldn't stop the JMU men's tennis team from dominating the George Mason Patriots 7-0 on Tuesday in its first conference win of the year. The Dukes' (11-7 overall, 1-4 in conference) dominant showcase proved why they could be a threat in the Colonial Athletic Association. "I definitely feel we are moving up in the ranks — we only continue to get better," senior Mike Smith said. Smith, along with junior Matt King, have been part of the top doubles duo since last year, when both Dukes were named to the All-CAA second team. The pair has won 19 out of 26 matches this season. "Mike and Matt have been consistent all season," JMU coach Steve Secord said. "That is why they are our top doubles team." Despite their multiple victories, both agree there is room for improvement. "The one thing we need to remember to do each time is come on really strong at the start faster," King said. "Today we did that, and we ended up getting the victory." Smith and King finished their doubles match with an 8-2 win over Mason's Jorge Osuna and Kevin McMillen. Doubles was played last due to the chance of inclement weather, a factor that potentially sealed the Patriot's fate as they were visibly frustrated by the endless crosswinds. "With this wind, you really have to move and adjust," Secord said. "Our guys are more used to it, but other people can let the elements get to them." The singles matches kicked things off as all six JMU players defeated their Patriot opponents with ease. Sophomore Tommi Nissinen, last week's CAA Player of the Week, nearly shut out McMillen, winning both sets 6-0, 6-1. "Tommi was a standout today,"

## Scoring

- **Singles:**
  - six matches, best two of three sets wins
  - sets played to six games, must win by two
  - each match won is worth one point
- **Doubles:**
  - three matches, each match one set
  - sets played to eight games
  - team with most matches won earns point

Secord said. "He has been playing really well and is very good at just taking care of business." Tuesday's match was the finale of a three-match home stand. Binghamton defeated JMU 6-1 on Saturday, while the Dukes pulled out a 5-2 victory over Longwood on Sunday. This weekend is the CAA Round Robin where the Dukes will travel to Towson, Md., to play Delaware, Drexel and Georgia State. Senior Austin Longacre, one of the most decorated players in Delaware history, leads his team with 52 wins, ranking him third on the Delaware all-time list. Longacre is expected to play No.1 or No. 2 in singles. "Delaware is definitely the team to look out for," King said. "They are probably our biggest threat this weekend." The Blue Hens are the Dukes' first opponent Friday. Drexel (4-4, 1-0) and Georgia State (4-10, 0-4) will face JMU on Saturday and Sunday, respectively, to close out the Round Robin. After this weekend, the seeds will be determined for the post-season. The tournament will take place April 15 to 18 in Norfolk. Team placement is based on seeds, with teams one through six bypassing the first round, while teams seven through 10 are left to fight for a spot in the quarterfinals. "They are all going to be pretty good, tough matches, one right after the other," Secord said. "We are really hoping to come out of that well to help us with the seeding going into the conference tournament."



PHOTOS BY NATE CARDEN / THE BREEZE

**TOP** Mike Smith (left) and Matt King were All-CAA second team for doubles last year. Smith was a two-time selection for doubles, winning both with former partner Jesse Tarr before King transferred to JMU from Old Dominion. **BOTTOM** Smith is 8-10 in singles this spring, playing all his matches as the Dukes' No. 1 seeded player.

## WOMEN'S BASKETBALL

# Additions Provide Possibility to Defend CAA Title



ROBERT BOAG / THE BREEZE

**Freshman guard Tarik Hislop** shows her excitement Sunday after scoring in the Dukes' loss to Temple. Hislop is one of two freshmen who started this season.

By EMMIE CLEVELAND  
*The Breeze*

Coach Kenny Brooks has preached that his team's time was "NOW" since November. On Sunday the season's theme was left on the Ted Constant Convocation Center floor when Temple handed JMU a first-round loss in the NCAA tournament. The Dukes' time is no longer now; it is next season. Luckily for Brooks and company, next season holds player potential. The team will lose just one — its lone senior Sarah Williams. The guard was second on the team this year in 3-pointers made (40) and rebound average (6.5). Recruit Debbie Smith offers a long-range solution. "She had a great year shooting 3's," Brooks said. "I wouldn't classify her as a straight shooter, but she can shoot the 3 well enough that she can really complement [our guards]." From Hampton, Smith was pursued by Georgetown as well as conference rivals Old Dominion and Virginia Commonwealth, but she committed to JMU in August. Brooks imagines Smith will push for playing time next year. Never timid to play freshmen, he sees another recruit

vying for minutes early next season too. Kirby Burkholder, a Bridgewater native, signed to JMU in December. She will be the second Turner Ashby High School grad on Madison's roster, joining current freshman Nikki Newman. "Kirby can score a little bit better than Nikki," Brooks said. "I think Nikki's probably a better passer and rebounder. [At 6-foot] she's going to bring size to the guard position." The Dukes will add even more height to its roster next season with the addition of 6-foot-2-inch Lauren Whitehurst. The junior will become eligible after transferring from Boston College last year. Whitehurst will "add some depth to our front court, our inside play," Brooks said. "She's a really good scorer around the basket, she's athletic, she'll rebound the basketball, and she's going to be a tremendous asset to us." "We actually voted her captain this year, and she wasn't even playing. So that just shows you how much of a leader she is." The Dukes started their 2009-2010 season strongly, with non-conference wins over Big East's Georgetown and Atlantic Coast Conference foes Va. Tech and UVA.

see **WOMEN'S**, page 12



NFL

# Coaches Approve Overtime Rule

The Washington Post

ORLANDO, Fla. — The NFL changed its overtime format in postseason games Tuesday, attempting to reduce the impact of coin flips and increasingly accurate field goal kickers.

The new system eliminates the possibility of a team winning a postseason game with a field goal on the opening possession of overtime.

The league's franchise owners voted, 28-4, to ratify the change, which had been proposed by the NFL's rule-making competition committee.

The owners will reconsider the measure, perhaps as soon as May at a scheduled meeting in Dallas, and possibly could use the new system at some point for regular-season games as well.

"This idea, in our mind, did the right thing for football. ... We felt like from a fairness standpoint, this rule needed to be changed," said Atlanta Falcons President Rich McKay, the co-chairman of the competition committee.

The Buffalo Bills, Minnesota Vikings, Baltimore Ravens and Cincinnati Bengals voted against the proposal.

The vote came on the second day of the three-day annual league meeting, one day sooner than originally expected.

"We knew it would be a hot-button issue when we got here,

and we were correct in that assumption," said Indianapolis Colts President Bill Polian, a competition committee member.

Under the new system, the team that gets the ball first in overtime could win the game with a touchdown. If that team scores a field goal, the other club would have a chance to get a possession and tie the game with a field goal or win it with a touchdown.

If that team gets a tying field goal, the game would proceed on a sudden-death basis. If neither team scores on its first possession of overtime, the game would be sudden death from there.

Regular season games, at least for now, will continue to use the sport's current overtime format, in which a coin flip determines which team gets possession first and the first team to score wins.

Competition committee members said they proposed the new format because of a trend over the last 16 years in which the team that wins the overtime coin toss has won the game much more frequently, thanks in part to improved field goal accuracy.

Between 1974 and 1993, the team that won the overtime coin toss won the game 46.8 percent of the time, and the team that lost the coin toss won the game 46.8 percent of the time in regular season

play (the other games ended in ties). Since 1994, when kickoffs were moved back five yards, the team that won the overtime coin toss won the game 59.8 percent of the time, while the team that lost the coin toss won the game only 38.5 percent of the time.

"There were plenty of people, myself included, not inclined to be in favor of this," Polian said. But "once you went over the statistics, it was clear something needed to be done."

A source said the NFL Players Association believes the new system must be collectively bargained with the union. Players expressed opposition to the proposal when competition committee members met with representatives of the players at the scouting combine last month in Indianapolis.

It appeared that the owners of several teams voted for the proposal even though their coach opposed it. The coaches were not in the room for the vote.

Bengals Coach Marvin Lewis said earlier Tuesday that the new system would change coaching strategy in overtime.

"You have to make a decision if you've got the ball first and it's fourth and two, and you could kick a 45-yard field goal," Lewis said. "Do you kick a field goal or go for it? In the past, you'd kick the field goal. In this scenario, you might go for it on fourth down."

## WOMEN'S | NCAA Learning Experience



DAVID CASTERLINE / FILE PHOTO

**Sarah Williams transferred from Richmond after her sophomore year and was one of four captains for the Dukes this season.**

from page 11

In February, they fell to William & Mary and UNC-Wilmington, the 11th and 10th place finishers in the Colonial Athletic Association, but Brooks regarded the losses as a pivotal moment of the year.

"I thought those two games — that adversity — really brought us together as a team and really got us focused as we hit a huge stretch," Brooks said. "The next five games were against top-five teams in the conference ... And we won all those games, and that really gave us confidence heading into the CAA tournament."

JMU conquered the conference tournament, beating Old Dominion in the final. The championship win locked a place for the Dukes in the NCAA tournament.

Brooks' team didn't advance to face No. 1 UConn in the second round, but there remains something to be gained from Sunday's experience.

"I think it will make them hungrier," Brooks said. "A lot of times when kids reach their goals, they

get complacent, but the way that the season ended — we felt like we had a great shot at beating Temple, and we know we did not play our best basketball — I think that's going to motivate the kids."

As far as next season goes, Brooks foresees a preseason pick somewhere near the top of the conference, but there's still much ambiguity about how his team will match up.

"Some teams at the top lose key players," he said. "There's also the recruiting period that people will be adding new players. Then you have coaching situations, some will change ... So it's really too early to tell."

Virginia Commonwealth placed third behind JMU in the regular season this year. But the Rams are graduating their two top players — Kita Waller and D'Andra Moss. First-place ODU has only one senior graduating and returns its two stars Jasmine Parker and Tia Lewis.

Delaware, which finished fourth, returns CAA Player and Rookie of the Year Elena Delle Donne.

### MEET THE PLAYER



#### Jake Lowery

■ Baseball  
■ Sophomore, sports management major

#### Who's your hero?

My dad, because he kind of taught me baseball and helped me get into the game.

**If you were an animal, what would you be?** I would probably be a snake because everyone calls me "Jake the Snake."

**Who is your favorite baseball player of all time?** Chipper Jones of the Atlanta Braves.

**What has been your most exhilarating moment playing baseball?** Probably starting my first college game my freshman year. It was a really good feeling being in the lineup.

**What are your thoughts on the new baseball stadium?** I like it. We can play games when it rains, and we can get snow off the field.

**If you could have one thing in the world you don't have, what would it be?** Oh jeez. Probably like a million dollars.

**Do you have a lucky ritual or clothing item?** I cleanup the box and make a cross with my bat in the dirt.

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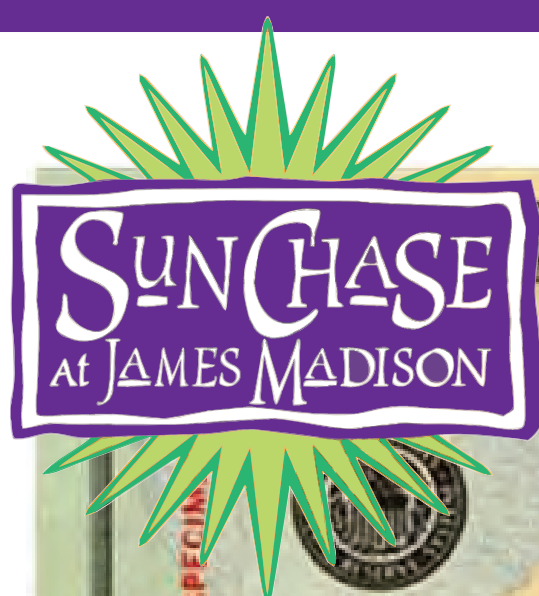
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# THE BEST

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#### BEST OF THE 'BURG STAFF

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# BEST OF THE BURG

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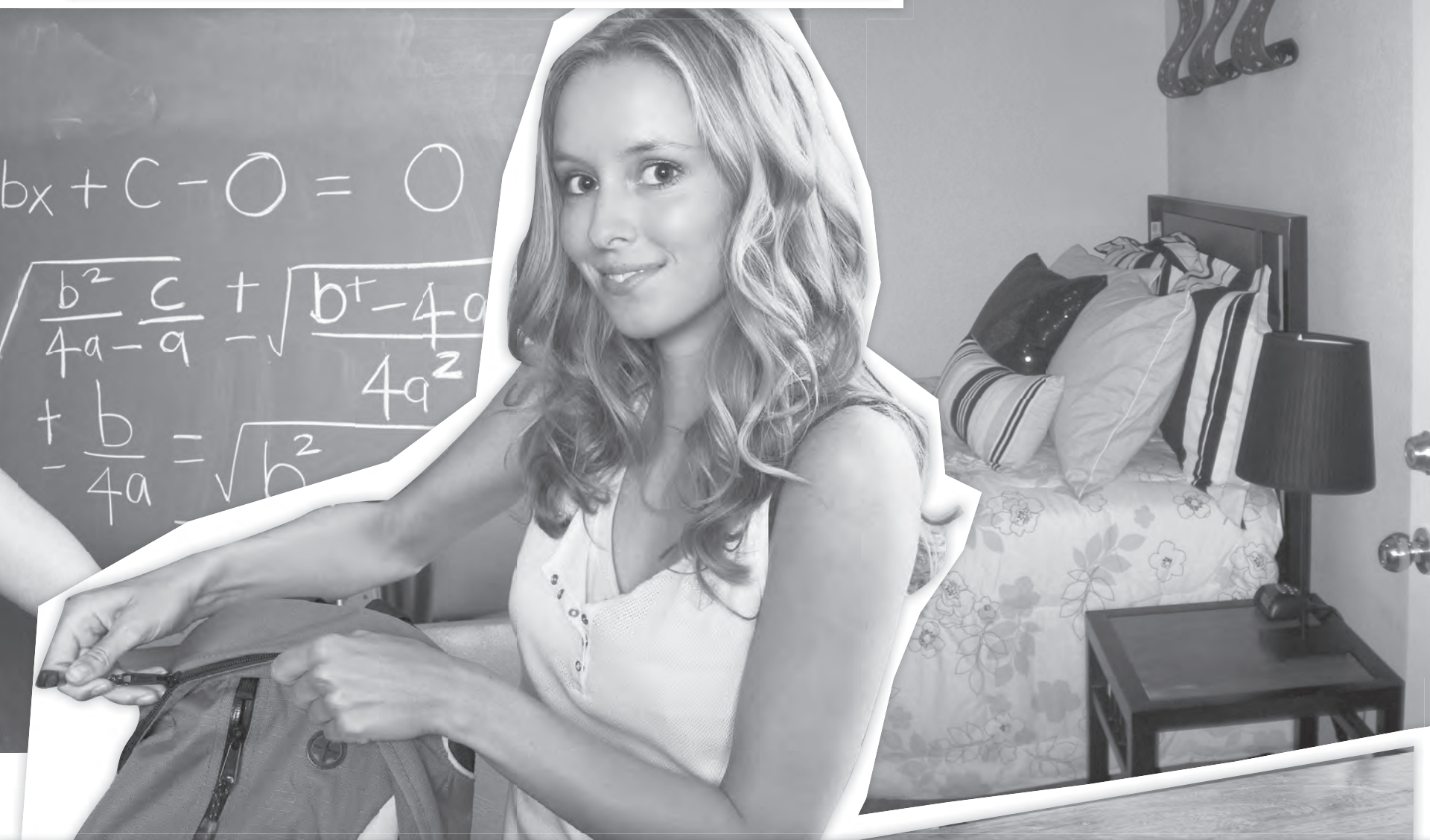
Best Italian Food Restaurant	L'Italia
Best Mexican Food Restaurant	El Charro
Best Pizza	Franco's
Best Night Life	Clementine Cafe
Best Burger	Jack Brown's
Best Coffee	Organic Grounds
Best Nail Salon	Valley Nails
Best Hair Salon	The Studio
Best Grocery Store	Martin's
Best Apartment Complex	Copper Beech

Congratulations to all the local businesses who were able to place in this year's Best of the Burg competition. Keep up the fantastic work!

-The Breeze



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# HAIR

## THE STUDIO

380 E. MARKET ST.  
540-434-8188

BY ADRIENNE GOLDBERG  
*The Breeze*

It would be easy to miss The Studio if you just drove by. The owner, Judith Crawford, converted a house on East Market Street into the best hair salon in Harrisonburg. The unconventional building gives The Studio character and sets it apart from a lot of chain salons explained Elizabeth Davis, a level three stylist and six-year employee of The Studio.

Many people put off getting haircuts at school because they just don't know where to go to get a great style. I've been to other salons in Harrisonburg, and the results only prove that you can't just go anywhere to get your haircut.

The Studio is a hidden gem where the staff is talented and knowledgeable about hair, skin and nails. Continuing education and keeping up-to-date on trends and fashion are a key factor in making this salon successful, according to Davis.

When I got my haircut they led me up the stairs to a smaller room with only a few cutting stations. It made the experience much more personal because we could talk and my stylist made me feel like I had been going there for years. There is no need to fear a Harrisonburg haircut again because The Studio is bringing a high quality of service to the Valley.



DAVID CASTERLINE / THE BREEZE

**The Studio offers different levels of stylists to meet your needs.**

# NAILS

## VALLEY NAILS

1433 S. MAIN ST  
540-438-9557

By JAMIE LOSE  
contributing writer



NICOLE NOVELLI / THE BREEZE

**Valley Nails is located next to 7-Eleven on South Main Street. The salon helps with formals and other college events.**

Clean and quaint, Valley Nails Salon sits right on South Main ready for any lovely lady or gent to stop through. Once inside, the bright walls, open space and decorative mirrors give a welcoming feel. Employee Sue Ly explains keys to its success.

"The first thing we do is sanitize," Ly said. "It's very clean here."

Loyal customer Carol Howard has gone to Valley Nails for years. "They do an excellent job. I've tried other manicures and no, they don't do it right like this."

The salon brings in many college students too, as they get ready for events, formals, or just to keep up with their self routine. Offering all the standard manis, pedis, French manicures and the latest colors of paint, the place stays fresh and up to date, taking time with each client. Next time you need a little pampering, make it Valley Nails.

# LIVING

## COPPER BEECH

410 COPPER BEECH CIRCLE  
540-438-0401

By MONICA WILDER  
contributing writer

Just as its T-shirts say, "Bigger Is Better," that is the philosophy behind Copper Beech student living. These spacious town homes come in one-, two-, three-, and four-bedroom options. Square footage ranges from 650 square feet for its one-bedroom options to 2,000 square feet for its three- and four-bedroom options.

Each multi-level home comes with its own bathroom in each bedroom plus an additional half bathroom for guests. Rent includes amenities, except water and electricity, and ranges from \$474 to \$695. Tenants have access to the clubhouse, which includes a 24-hour fitness center, free tanning, a computer lab and a common room with pool tables and a plasma television.

"The fitness center is so convenient," said

junior Katie Kucala, a communication sciences and disorders major. It offers treadmills, elliptical machines and stationary bikes, each with its own television. There are also two large plasma screens for those using any of the numerous weight machines.

Copper Beech opened in 2008 and is located off Reservoir Street, less than a mile from the east side of campus. Its location is far enough from Port Republic Road so that you can't walk to campus or Port Republic's parties, but the two bus routes ensure that you aren't excluded.

When the sun comes out, tenants can be seen flocking to the volleyball court, basketball court and sunbathing by the pool.

"The pool is really nice when the weather starts warming up," said senior Taylor Scott, a media arts and design major.

Copper Beech has become an increasingly popular choice for student housing.



DAVID CASTERLINE / THE BREEZE

**The Copper Beech Clubhouse offers multiple widescreen TV's with plenty of sitting room and tables. The clubhouse is just one of many bonuses to life at Copper Beech.**



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# BURGER

## JACK BROWN'S BEER & BURGER JOINT

80 S. MAIN ST.  
540-433-5225

By **JEFF WADE**  
*The Breeze*

The big question when it comes to the matter of eating at local burger joint Jack Brown's isn't so much what to eat; it's when to eat.

The restaurant, a labor of love between two longtime friends, has been serving up burgers and fries for almost a year. Despite the youth of the place, the quality of the burgers might have you believing the "est. 1985" that lurks on the restaurant's sign.

Jack Brown's gives off an almost comic simplicity, offering and excelling at two things: burgers and beer. The menu consists solely of burgers, cheeseburgers, fries and deep fried Oreos for dessert. And while the standard

burgers and fries are great, they are hardly the main attraction.

That would be the daily specials.

Everyday brings a unique, and often mind-blowing new burger, the like of which has never been seen before. Weekday specials range from Tuesday's "Jack on a Piggy Back," which pairs a traditional burger with a split hotdog, jalapenos and cheddar, to Friday's mac and cheese and chips "Greg Brady" burger. Saturday gives the chefs free range to try anything they want, and Sunday offers a bacon, egg, and cheese hangover burger. The team of mad burger scientists are responsible for these should be commended.

Top it all off with a deep fried Oreo, which comes in individual servings for \$1 and 5 for \$4 combo packs, and one can see why the often packed burger bar has gotten a "Best of the 'Burg" designation.



NICOLE NOVELLI / THE BREEZE

**Jack Brown's is the childhood dream of Aaron Ludwig and Mike Sabin who came up with the idea when they were 15.**



JAKE THIEWES / THE BREEZE

# MEXICAN

## EL CHARRO

1580 S. MAIN ST.  
540-433-3189

1570 E. MARKET ST.  
540-564-0386

By **NICK SLOANE**  
*The Breeze*

With its fast and pleasant service, fair prices and authentic atmosphere, local favorite El Charro has won the "Best in the 'Burg" award for best Mexican restaurant. Established in 2000, El Charro serves up the best Mexican food in Harrisonburg at two locations: 1580 S.

Main St. and 1570 E. Market St. When asked what makes El Charro the best in the 'Burg, Santos Dias, the manager at the South Main Street location, replied, "We just try to do the best things, you know, try to be nice to the customers."

Though most customers at the restaurant usually enjoy a casual lunch or dinner, some patrons choose the place for more formal

occasions. "I actually went [to El Charro] on Valentine's Day; it was really good. I would definitely recommend it to anyone," sophomore Parker Girard said.

With the restaurant packed for a Sunday night dinner, El Charro showed no signs of halting its practice of serving great traditional Mexican food and reasonable prices to the Harrisonburg community.

# ITALIAN

**L'ITALIA**  
815 E. MARKET ST.  
540-433-0961

By **JAMIE LOSE**  
contributing writer

Have that big hunger? That I-could-eat-breadsticks-and-pasta-and-sauce-all-day hunger? Check out L'Italia, the classic, clean and cozy restaurant located on East Market Street. Attracting guests of all generations,

there is no standard customer at this ever-so-pleasing restaurant and lounge. Travelers, college students and locals meet here for good wine, good food and good company. Friendly staff and timely service complete the experience.

Owner Gervasio Amato explains the success: "We're the only authentic Italian restaurant in town." Sporting

"really true dishes," L'Italia serves all the classics such as lasagna and parmigiana.

While the menu remains fantastic, over the past year the facility itself had a makeover. "We wanted to update it, give it a new look," Amato said. So treat yourself, and make tonight an Italian night at L'Italia.



JAKE THIEWES / THE BREEZE

**L'Italia offers 21 different wines to choose from, ranging from classic Merlot to Nebbiolo, a red wine similar to Pinot Noir.**



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## ORGANIC GROUNDS

625 MOUNT CLINTON PIKE  
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By **LINDSAY HOLT**  
contributing writer

Organic Grounds is the perfect house blend; a local family business run on a big, eco-friendly dream.

LeeAnn and Barry Jeffer decided to start the shop at the end of last May. "My husband and I have always wanted to have a family business," she said. "An opportunity came up, so we took the challenge."

The shop is spacious with plenty of furniture to relax on. There are bookshelves with hardback novels for sale and games donated by groups of friends for anyone who comes in. Photographs from local artists line the walls.

Everything in Organic Grounds is fresh and sustainable, including the dishware. "We almost want to be a model for people," LeeAnn said. "If I'm a little business, and I can buy an eco-friendly cup, and you're a big business, you can certainly buy the same cup."

Organic Grounds uses organic and fair trade coffee roasted by Lucas Roasting, a local company started by Troy Lucas out of Broadway.

LeeAnn said they host lots of local groups, including the founders of the Friendly City



DAVID CASTERLINE / THE BREEZE

**Organic Grounds offers an eco-friendly cup of coffee within a local atmosphere.**

Co-Op. They hope to become a Community Supported Agriculture pick-up location and incorporate live music in the shop.

LeeAnn credits her win to the Organic Grounds mission to keep products as local, organic, fairly-traded and chemical-free as possible. "This is how we beat the big guys," LeeAnn said. Lucas and the Jeffers worked closely together to come up with Organic Grounds' signature house blend.

"People don't vote on just a cup of coffee, it's the whole thing," LeeAnn said. At Organic Grounds, it's about more than coffee — it's community that matters.



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# NIGHT LIFE

## CLEMENTINE CAFÉ

153 S. MAIN ST.  
540-801-8881

By **JEFF WADE**  
*The Breeze*

Deservedly taking its place on the annual “Best of the Burg” list, Clementine Café is a hangout spot that is as sweet as the fruit from which it derives its name.

The café is divided into a general access main floor and upstairs and basement lounges. The café oozes an inviting atmosphere, from the brick wall to the ornate art adorning the wall. It is cozy and intimate, and carries itself in an upscale manor, all without enslavement to a premium price.

Clementine has a wide variety of lunch and dinner options, ranging from the affordable burgers and sandwiches to the slightly more upscale fare of its steaks, seafood and pasta dinner selections. Everyone should make a point of going to the

café’s scrumptious Sunday brunch with its fresh twists on classic favorites.

Outside of food and drink, Clementine’s big claim to fame is its status as a premiere place to see music in the Harrisonburg area. A diverse mix of up-and-coming local bands take the stage each year with occasional visits from nationally known acts. Clementine is also an essential part of upcoming annual MACRoCK festival and in a few weekends will host notable “buzz” bands such as Best Coast and Here We Go Magic, among others.

Not to say music is the only draw, as Clementine plays host to many other events as well. Weekly team trivia nights and frequent displays of local art and film serve as lively and enlightening attractions.

Clementine Café has so much going for it, and so frequently, one may never want to leave.



KRISTEN AVIL / CONTRIBUTING PHOTOGRAPHER

**The main floor of Clementine Café emits an artsy, inviting atmosphere. With a stage in the back providing space for local and nationally known bands, food and drink is not all the café dishes out.**

# GROCERY

## MARTIN'S

2035 E. MARKET ST.  
540-442-7576

By **MONICA WILDER**  
contributing writer

It may be slightly out of the way for most students, but it’s worth the drive. Located off East Market Street, students flock to Martin’s. What draws these students to Martin’s?

“Every grocery store has groceries, but not every grocery has world-class employees,” said Jacob Melcher, who has worked as a cashier at Martin’s for a year and a half.

The clean, bright, spacious store offers a variety of departments including: a butcher’s shop, fresh produce, delicatessen, fresh seafood, a bakery, floral and a pharmacy. Martin’s cards offer specials and deals on select items throughout the store each week, a big draw for students living on a budget.

“Martin’s offers more of a variety for organic and vegetarian options than every other grocery store in Harrisonburg,” senior Lauren Shannon said.

Martin’s also has its own gas station and a convenient self-checkout option, and sets its sights on providing excellent service.

“That’s what really separates us from every other grocery store in Harrisonburg,” said Jim Cox, store manager. “We all sell corn, but we have better people. We’re unmatched.”

Whether you’re a vegetarian, on a budget, or just want to rent a movie, Martin’s seems to be Harrisonburg’s choice.



**Amongst a diverse selection, Martin’s offers a produce section with many organic and vegetarian options as well.**

JAKE THIEWES / THE BREEZE

# PIZZA

## FRANCO'S

225 BURGESS ROAD  
540-564-0105

By **JAMIE LOSE**  
contributing writer

Conveniently located and perpetually welcoming, Franco’s Pizza, Pasta and Subs brings in the crowds. Located across from Walmart in the Harrisonburg Crossing shopping complex, this tasty restaurant offers the best pizza in the ‘Burg.

As soon as one enters the bright restaurant, the generously sized and inevitably cheesy entrees sit behind a glass counter allowing guests to peruse their options as they make their way to the register. Decorated with Italian décor, the interior’s atmosphere on a busy afternoon is bustling and happy as customers move in and out of the booths and tables. The slices themselves are big, served hot and completely satisfying.

The staff is friendly, and the chefs are clearly dedicated to providing the valley with its best pizza. Options vary from the classic cheese and pepperoni to Mediterranean, barbecue chicken and more. Other favorites include mozzarella paninis and specialty pastas. Franco’s also provides take-away beer and wine as well as a catering service and delivery. The next time you’re craving that yummy goodness, stop by Franco’s for the ideal combo of friends, fun and pizza.



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